



# Impact Analysis of Emo Foundation

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### Table of contents

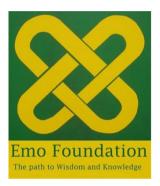
Introduction	3
Emo Foundation	
Theory of Change	4
Impact analysis	5
Schematic diagram	5
Accompanying explanation	6
Sustainable Development Goals	13

### Introduction

As an assignment for my internship for the organization *Support Ghana vzw* I was given the opportunity to write an impact analysis regarding their partner organization in Ghana, *Emo Foundation*. For this impact analysis I chose to use the technique 'Theory of Change'. This type of impact analysis is used to determine and structurally represent the ultimate goal and the activities that eventually lead up to accomplishing this goal. It identifies the links and relations between various activities and that way creates a clear representation of the actions necessary to bring about certain desired long-term changes.

### **Emo Foundation**

Emo Foundation is a Ghanaian NGO located in Kpando, a town in the northern part of the Volta Region. The organization was established on the 6<sup>th</sup> of June 2015 by Alfa and Kobi, chairmen of Emo Foundation, in cooperation with Luc Somers of Support Ghana. Emo Foundation is committed to improve the quality of life in and around Kpando. They do this by supporting local institutions (schools, health centra,...) by supplying them with teaching- and working material and making sure their infrastructure is of sufficient quality. They also support the local community by involving them in activities or



projects, by providing microloans, organizing awareness campaigns, initiating sports activities and much more. In addition, they support vulnerable yet promising youth by offering them opportunities to increase their chances on an interesting and livable career. They do this by offering them student loans, organizing trainings, creating jobs and so on. This way they are able to revive different segments of the local community.

This is how Emo Foundation describes their vision: 'The best way to establish a developed Ghana is to reinforce the transition of our country into an open, democratic society with free permanent organizations and independent government institutions. We want to help to obtain this by creating a larger civil society with conscious citizens.'

The mission Emo Foundation pursues is to create an inclusive society in and around Kpando in which all members of the community have sufficient chances and opportunities to develop themselves and their environment into something that permits them to live the life they choose to live.

Since the very beginning, Emo Foundation has been working side by side with Support Ghana. At the moment they are still financially dependent on Support Ghana but in the long run it is the intention to be completely independent. They plan on doing this by starting income generating activities (IGA's) so that they can make a profit with which they can finance all of their projects themselves and become completely self-sufficient. One of these IGA's is running a restaurant in Kpando: 'Wizzy's Emo Restaurant'. This restaurant has been open since January 2021. It aims to attract tourists as well as locals by offering a mix of local and international dishes. Furthermore, they rent places to stay for tourists, interns and volunteers. These are rooms in houses complete with living room, bathroom and kitchen in the region of Kpando. They started this project in 2016. Another IGA is the travel organization 'Emo Travel'. They offer excursions and multi-day tours for both individual travelers and groups. They are

specialized in the Volta Region, but they also offer tours throughout the entire country. This includes treks through jungles and to waterfalls, treks to the peaks of mountains, visits to local villages, boat rides on Lake Volta, visits to national parks and much more! Their third and last IGA is the guesthouse 'Emo Lodge'. At the moment they are still renovating the building but they are planning on opening in the first half of 2022. This will be a spacious guesthouse with different types of rooms (private rooms and dorms) and an outside bar. The guesthouse will be located on the same domain as the restaurant and the travel agency.

We can conclude that Emo Foundation is in a phase of growth. This makes it very important to analyze the activities, actions and projects and clearly define the long-term goal. By doing so they can always verify if certain changes in the way they operate fit in or lead to the desired long-term results.

### Theory of Change

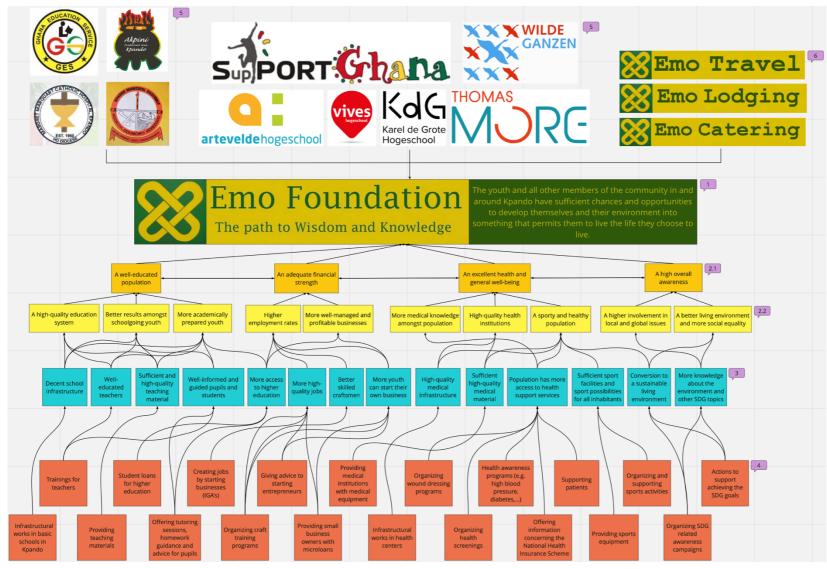
In this paper I will write an impact analysis on Emo Foundation. For the execution of this impact analysis, I chose to apply the model 'Theory of Change'. The Theory of Change is a model which helps with the representation of the different steps towards a certain goal. It encourages those involved to think about the contribution certain activities make to be able to reach a goal. The intention is to clearly display why the organization does the things it does. Instead of immediately focusing on what the organization does and what is obvious, this model first looks at the desired results. This emphasizes which impact the organization wishes to accomplish and how to realize it. This model is used to identify and understand changes within an organization. The process consists of making connections and that way gaining a better insight in the way the organization operates.

The result is a visual representation (schematic) of the complete operational process. It forms a pathway from the present situation or the initial situation to the desired long-term result. It shows how step A has an influence on step B which effects step C and eventually leads to reaching the goal. This can be used to evaluate the organization, to understand the way the organization works, to clearly understand and define the goal, to evaluate the efficiency of activities and projects, for future planning and to reach the desired results. It forms the foundation for strategical planning or year plans.

There is no fixed, standardized definition of the Theory of Change. Different sources place different emphases. Neither are there unambiguous models or representations for the Theory of Change. But it does always consist of similar elements and the same desired results. In this document the road map as described by Kenneth Van den Bergh and Arne van Stiphout in 'Aan de slag met impactmeting' is used.

### Impact analysis

Schematic diagram



5

#### Accompanying explanation

#### 1. Impact

The Theory of Change starts from the perspective of a long-term goal or a common dream and from this point works backwards towards the current or initial situation. This longterm goal is called 'the impact' and it is the primary objective that needs to be accomplished or in this case, the change that Emo Foundation pursues. This is only achievable when all of the previous steps have been successfully completed. A welldefined impact needs to be credible, convincing and all-encompassing. It also needs to define the target group they want to reach. It must be clear who will benefit from the intended change.

The long-term goal that Emo Foundation wishes to reach can be described as follows: The youth and all other members of the community in and around Kpando have sufficient chances and opportunities to develop themselves and their environment into something that permits them to live the life they choose to live.

This impact focusses on two individual but interconnected target groups: the youth and all members of the community in and around Kpando. Everything Emo Foundation does is therefore in cooperation with or aimed to help these target groups so that the impact can be achieved. This impact is to offer these target groups all the chances and opportunities so that they can live the life they desire.

#### 2. Outcomes

The outcomes are vital changes that need to take place before the goal can be achieved. In this model the outcomes are divided in long-term and intermediate outcomes.

#### 2.1 Long-term outcomes

The long-term outcomes or effects are the intended results of the previous steps or actions. It describes changes in behavior, attitude, experience or situation of the target group. If all of the components of the long-term outcomes have been accomplished, the impact will also be successfully achieved.

In this case, the realization of the impact is dependent on 4 key elements:

#### - A well-educated population

A well-educated population possesses the knowledge, skills and wisdom necessary to develop themselves and their environment into that what they expect and desire.

#### - An adequate financial strength

All inhabitants possess sufficient financial resources to give themselves and their family the chance to develop themselves and to develop their environment into something they find acceptable and comfortable.

An excellent health and general well-being
 All inhabitants have access to quality health care and possess the necessary knowledge and resources that can contribute to their physical and mental health.

A high overall awareness A self-conscious population possesses the knowledge and skills to promote sustainable development.

#### 2.2 Intermediate outcomes

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Before being able to accomplish the long-term outcomes, several intermediate outcome changes have to take place. These intermediate outcomes are in fact conditions which have to be fulfilled to be able to realize the long-term outcomes.

This are the intermediate outcomes that have to be fulfilled:

- A high-quality education system
- Better results amongst schoolgoing youth
- More academically prepared youth
- Higher employment rates
- More well-managed and profitable businesses
- More medical knowledge amongst population
- High-quality health institutions
- A sporty and healthy population
- A higher involvement in local and global issues
- A better living environment and more social equality

#### 3. Outputs

The outputs are the immediate results of the activities. These are changes that are noticeable immediately after executing or after repeatedly executing a certain activity. These results are subsequently essential to be able to realize the outcomes.

The outputs may influence more than one outcome. This influence can be direct or a side effect of the change. Below is a list of all the outputs:

- Decent school infrastructure
- Well-educated teachers
- Sufficient and high-quality teaching material
- Well-informed and guided pupils and students
- More access to higher education
- More high-quality jobs
- Better skilled craftsmen
- More youth can start their own business
- High-quality medical infrastructure
- Sufficient high-quality medical material
- Population has more access to health support services
- Sufficient sport facilities and sport possibilities for all inhabitants
- Conversion to a sustainable living environment
- More knowledge about the environment and other SDG topics
- 4. Activities

These are the services, projects, actions, programs,... that the organization physically performs to reach the final goal. This is a clear list of all of the activities that subsequently

bring about change. This is in fact the only step in which the organization is physically involved. These activities will initiate a process that will eventually lead to the realization of the goal.

The activities Emo Foundation executes are:

- Infrastructural works in basic schools in Kpando
- Trainings for teachers
- Providing teaching materials
- Student loans for higher education
- Offering tutoring sessions, homework guidance and advice for pupils
- Creating jobs by starting businesses (IGA's)
- Organizing craft training programs
- Giving advice to starting entrepreneurs
- Providing small business owners with microloans
- Providing medical institutions with medical equipment
- Infrastructural works in health centers
- Organizing wound dressing programs
- Organizing health screenings
- Health awareness programs (e.g. high blood pressure, diabetes)
- Offering information concerning National Health Insurance Scheme
- Supporting patients
- Providing sports equipment
- Organizing and supporting sports activities
- Organizing SDG related awareness campaigns
- Actions to support achieving the SDG goals

#### 5. Inputs

The inputs describe what is necessary for the project to succeed, what needs to be invested in the project and who is involved. This includes the working material, the funds that are needed, the people or partners who participate in the project, and so on. Because this is a very extensive list that varies from year to year and depends on the specific activity, I will not go into this any deeper. I will however describe Emo Foundations' partner organizations who contribute to the realization of the primary impact:

- Support Ghana: Support Ghana vzw is a Belgian organization, founded on the 6<sup>th</sup> of October 2008, to help the inhabitants, with a focus on the youth, in and around Kpando, by helping them in terms of education, employment and health care. Support Ghana was a key player in the creation of Emo Foundation. At the moment, Support Ghana is the connection of Emo Foundation with Belgium. They are each other's closest partners and Support Ghana is Emo Foundations' most important source for funds.
- Karel de Grote Hogeschool, Thomas More, Artevelde Gent and Vives Kortrijk: Since 2016 Support Ghana has been sending students to Kpando to do an internship. These students are supervised by Emo Foundation. They are usually students with a background in teaching, nursing and sustainable development coming from one of the

schools mentioned above. These partner schools organize workshops and have exchange programs with Ghanaian educational institutions.

- Volunteer Abroad Alliance: This is a Belgian organization that aims to have a positive impact on fragile communities by organizing voluntary work programs. The projects in which volunteers can enroll are authentic, honest and transparent. The list of projects can be found on the website of VAA.
- Ghana Education Service: The GES aims to create a stimulating learning environment where classes can be given efficiently and effectively. Emo Foundation collaborates with the Kpando Municipal Education Office and several local primary schools.
- *Akpini Kpando Communities:* Emo Foundation works side by side with the chiefs and elders of the different communities where they are present.
- *Margret Marquart Catholic Hospital:* This is the main hospital in Kpando and they welcome interns with a nursing degree.

#### 6. Income generating activities

These are the commercial activities Emo Foundation carries out to raise money and to create employment. The ultimate goal is that Emo Foundation can fully operate solely on these profits. This is also the personal exit strategy of Support Ghana.

The Income generating activities that Emo foundation wants to execute are:

- Wizzy's Emo Restaurant (already running)
- Emo Lodge (opening in the end of 2021)
- Emo Travel Service (already active on a small scale, officially starting in 2022)

#### **Conditions**

The conditions describe which conditions have to be met before the next step can be realized. It is in fact a sidenote about what has to happen before the transition to the next step can be successful.

#### Condition 1: There are enough funds to finance all of the activities

For the full transition from activities to outputs to be successful, there must be sufficient funds so that all of the activities can be carried out. In other words, Emo Foundation has to have enough money to pay for all of the activities. Furthermore, all of these activities have to meet the social norms, the quality standards and sustainability standards.

#### Condition 2: The projects are sustainable

To realize the transition from outputs to short-term outcomes, all projects have to be carried out consistently during a long period of time. The success of some of the activities is often dependent on an intensive process where repetition during a long period of time is a necessity. To be able to run effectively and without any problems during a long period of time, it is important that they are all carried out with respect for people, environment, nature and culture.

#### Condition 3: The entire population is involved

To realize the transition from short-term outcomes to long-term outcomes it is of great importance that the entire community is intensively involved in the projects. Their opinions, point of views, visions,... are discussed and are taken into account. All of this has to happen while staying true to the local culture.

#### **Indicators**

In the table below you can find the indicators. These are the ways in which the success of the individual activities or IGA's will be measured.

The indicators in the first table refer to the activities and have to be achieved by 2030. For some of the indicators there will be a certain goal that has to be met every year. In the last two columns it is shown on which SDG's the activities have effect.

The indicators in the second table refer to the IGA's. In this case we chose for a corresponding target that has to be achieved annually. Since the IGA's are necessary to finance the activities, they won't have a direct effect on any of the SDG's but they are crucial in being able to reach the predetermined SDG goals.

Activitities	Indicators	SDG	
Infrastructural works in primary schools Kpando	8 partner schools meet the by Emo Foundation selected infrastructural requirements	SDG 4.1 SDG 4.4 SDG 4.6 SDG 4.A SDG 6.2 SDG 9.1 SDG 11.C	4 CUALITY CONTACTOR 9 MOUSTRY, NNOVATION 9 MOUSTRY, NNOVATION 11 SUSTAINABLE CITIES 11 SUSTAINABLE CITIES 11 SUSTAINABLE CITIES 11 SUSTAINABLE CITIES
Trainings for teachers	At least 1 further training for teachers is organized every year	SDG 4.1 SDG 4.4 SDG 4.6 SDG 4.C	4 QUALITY EDUCATION
Providing teaching materials	At least 8 partner schools possess the by Emo Foundation selected amount and type of teaching materials	SDG 4.1 SDG 4.4 SDG 4.6	4 education
Student loans for higher education	<ul><li>100 students were given a student loan for higher education</li><li>80 students graduated from higher education</li></ul>	SDG 4.3 SDG 4.6 SDG 4.B SDG 8.6	4 CUALITY EDUCATION
Tutoring sessions for pupils	At least 1 tutoring session per school vacation is organized	SDG 4.1 SDG 4.4 SDG 4.5 SDG 4.6	4 RUALITY EDUCATION

Homework guidance for pupils	At least 4 homework guidance groups are active at	SDG 4.1 SDG 4.4	
guidance for pupils	all times	SDG 4.5	
		SDG 4.6	
Creating jobs by	Emo Foundation has	SDG 1.2	
starting businesses	provided 20 young people	SDG 8.1	1 NO POVERTY 8 DECENT WORK AND ECONOMIC GROWTH
(IGA's)	with a paid job within the	SDG 8.3	
	organization (Guesthouse,	SDG 8.5	
	Travel, Restaurant)	SDG 8.6	<b>10</b> REDUCED INEQUALITIES
		SDG 8.8 SDG 8.9	
		SDG 8.B	
		SDG 10.1	
Organizing craft	Emo Foundation helped 20	SDG 8.1	8 DECENT WORK AND ECONOMIC GROWTH
training programs	young people with financing	SDG 8.3	O ECONOMIC GROWTH
	their training	SDG 8.5	Ĩ
		SDG 8.6	
Giving advice to	Emo Foundation has given	SDG 8.2	
starting entrepreneurs	advice to 30 starting entrepreneurs (guidance with	SDG 8.3 SDG 8.5	8 DECENT WORK AND ECONOMIC GROWTH
entrepreneurs	drawing up a business plan)	SDG 8.5	
		SDG 8.B	
Providing small	Emo Foundation has helped	SDG 8.3	
business owners	50 entrepreneurs with a	SDG 8.5	8 DECENT WORK AND 10 REDUCED INEQUALITIES
with microloans	microloan	SDG 8.6	
		SDG 8.B	
		SDG 10.1	
Infrastructural works in health	3 health centers were helped with infrastructural works	SDG 3.1 SDG 3.2	
centers		SDG 3.2	<b>3</b> GOOD HEALTH AND WELL-BEING <b>9</b> INDUSTRY, INNOVATION
centers		SDG 3.6	
		SDG 3.C	
		SDG 3.D	
		SDG 9.1	
Providing medical	Annually 1 donation of	SDG 3.1	
equipment	medical equipment will be	SDG 3.2	<b>3</b> GOOD HEALTH AND WELL-BEING
	made to (and in consultation with) a hospital or health	SDG 3.4 SDG 3.6	
	center	SDG 3.0 SDG 3.C	
		SDG 3.D	
Wound dressing	The first aid kits of 4 partner	SDG 3.1	
	schools will be supplemented	SDG 3.2	<b>3</b> GOOD HEALTH AND WELL-BEING
	annually	SDG 3.4	
	There will be at least 2 (fully	SDG 3.6	$-\psi$
	stocked) first aid kits for acute	SDG 3.C	
	wounds in Kpando at all times	SDG 3.D	

Health screenings	Annually organize at least 1 health screening	SDG 3.1 SDG 3.2 SDG 3.4 SDG 3.6 SDG 3.D	
Health awareness programs	Annually organize at least 1 health awareness campaign (diabetes, high bloodpressure, health insurance)	SDG 3.1 SDG 3.2 SDG 3.4 SDG 3.6 SDG 3.7 SDG 3.9	3 GOOD HEALTH AND WELL BEING 
Supporting patients	50 patients have been helped financially with the payment of their hospital bills	SDG 3.1 SDG 3.2 SDG 3.4 SDG 3.6 SDG 3.7 SDG 3.9	3 GOODHEAITH AND WELL BEING 
Providing sports equipment	Annually 1 donation of sports equipment will be made to a school or sports organization	SDG 3.4	
Organizing and supporting sports activities	Emo Foundation annually organizes or supports 1 sports event in Kpando	SDG 3.4	
Organizing SDG related awarenesscampaig ns	Emo Foundation annually organizes at least 1 targeted awareness campaign about at least 1 SDG topic	Depends on the topic	
Actions to support achieving the SDG goals	Emo Foundation organized at least 3 intensive actions that contribute in achieving one of the SDG goals	Depends on the topic	

IGA	Indicator
Wizzy's Emo Restaurant	Wizzy's Emo Restaurant sells at least 200 meals every month. This will be a total of at least 2400 meals every year.
Emo Lodge	Every year there will be at least 1000 overnight stays in the Lodge.

Emo Tours & Guiding	Every year Emo Tours & guiding gives 300 guided tours.
	A tour with 1 person for 5 days counts as 5
	guided tours. A tour with 12 people for 2 days counts as 24 guided tours.

### Sustainable Development Goals

The SDG's (Sustainable Development Goals) are seventeen goals aimed at making the world a better place. They address the global challenges we face, including poverty, inequality, climate change, environmental degradation, peace and justice. This program started in 2015 and the target is to achieve the goals by 2030. The SDG's are agreed upon by all member states of the United Nations, which also



include Belgium and Ghana. The 17 goals are accompanied by 169 targets to make the goals more specific. In the next section I will describe on which SDG's and accompanying targets Emo Foundation has an effect. I will also explain how exactly they influence the specific target.

# 1 MarrieEnd poverty in all its formsImage: Stateeverywhere

- 1.1 By 2030, eradicate extreme poverty for all people everywhere, currently measured as people living on less than \$1.25 a day
  - ➔ Emo Foundation actively contributes to this cause by creating job opportunities, helping people start their own business, educating the youth and so on. All workers and partners of Emo Foundation receive a decent paycheck.
- 1.2 By 2030, reduce at least by half the proportion of men, women and children of all ages living in poverty in all its dimensions according to national definitions
  - ➔ Emo foundations' mission states that it aims to create opportunities for disadvantaged youth and deprived communities in and around Kpando, Ghana. Several of their activities have a direct impact on reducing poverty, e.g. creating job opportunities, improving the education system, giving scholarships and microloans,...
- 1.4 By 2030, ensure that all men and women, in particular the poor and the vulnerable, have equal rights to economic resources, as well as access to basic services, ownership and control over land and other forms of property, inheritance, natural resources, appropriate new technology and financial services, including microfinance
  - ➔ By offering microloans to those in need and with a realistic, achievable plan they contribute by helping people in need climb out of poverty and create their own business.

- 1.5 By 2030, build the resilience of the poor and those in vulnerable situations and reduce their exposure and vulnerability to climate-related extreme events and other economic, social and environmental shocks and disasters
  - ➔ By raising climate awareness, they try to prepare the local community for action. By decreasing poverty, they aim to strengthen the local community economically and ensure significant mobilization of resources from a variety of sources, including through enhanced development cooperation, in order to provide adequate and predictable means for developing countries, in particular least developed countries, to implement programs and policies to end poverty in all its dimensions
  - ➔ Emo Foundation works together with their Belgian partner, Support Ghana, to mobilize financial resources. These financial resources are then used to set up programs to fight poverty.
- 1.A Ensure significant mobilization of resources from a variety of sources, including through enhanced development cooperation, in order to provide adequate and predictable means for developing countries, in particular least developed countries, to implement programs and policies to end poverty in all its dimensions
  - ➔ Emo Foundation works together with their Belgian partner, Support Ghana, to mobilize financial resources. These financial resources are then used to set up programs to fight poverty.
- 1.B Create sound policy frameworks at the national, regional and international levels, based on pro-poor and gender-sensitive development strategies, to support accelerated investment in poverty eradication actions
  - ➔ By working together with their Belgian partner, Support Ghana, they contribute in sensibilization activities amongst Belgian schools. Besides this they also contribute themselves in regional poverty eradication actions.

## End hunger, achieve food security and improve nutrition and promote sustainable agriculture

- 2.1 By 2030, end hunger and ensure access by all people, in particular the poor and people in vulnerable situations, including infants, to safe, nutritious and sufficient food all year round.
  - → Emo Foundation contributes to ensuring access to food for all people in their community by fighting poverty and striving to realize enough wealth amongst the community to purchase food. They are also working on a project to reduce the loss of grain by introducing better techniques (e.g. storage bags) to store it and keep it safe from animals.

- 2.2 By 2030, end all forms of malnutrition, including achieving, by 2025, the internationally agreed targets on stunting and wasting in children under 5 years of age, and address the nutritional needs of adolescent girls, pregnant and lactating women and older persons.
  - ➔ Emo Foundation raises awareness on how to eat nutritional and balanced meals.
- 2.3 By 2030, double the agricultural productivity and incomes of small-scale food producers, in particular women, indigenous peoples, family farmers, pastoralists and fishers, including through secure and equal access to land, other productive resources and inputs, knowledge, financial services, markets and opportunities for value addition and non-farm employment.
  - ➔ Emo Foundation is planning on starting a small-scale eco-friendly farm. They want to farm coconuts, keep chickens and grow vegetables. All the food will be sold in the region and used in the Emo Restaurant.
- 2.A Increase investment, including through enhanced international cooperation, in rural infrastructure, agricultural research and extension services, technology development and plant and livestock gene banks in order to enhance agricultural productive capacity in developing countries, in particular least developed countries.
  - → Emo Foundation is looking for ways to use the abundant amount of bamboo in the region for other purposes such as carpentry.



# Ensure healthy lives and promote well-being for all at all ages

- 3.1 By 2030, reduce the global maternal mortality ratio to less than 70 per 100,000 live births.
   By providing access to more and better medical infrastructure, equipment, knowledge and treatments, Emo Foundation automatically contributes to reaching this target.
- 3.2 By 2030, end preventable deaths of newborns and children under 5 years of age, with all countries aiming to reduce neonatal mortality to at least as low as 12 per 1,000 live births and under-5 mortality to at least as low as 25 per 1,000 live births.
  - ➔ By providing access to more and better medical infrastructure, equipment, knowledge and treatments, Emo Foundation automatically contributes to reaching this target.
- 3.3 By 2030, end the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water-borne diseases and other communicable diseases.
  - ➔ Emo foundation organizes campaigns to inform the inhabitants of Kpando about the importance of yellow fever and hepatitis B vaccinations.
- 3.4 By 2030, reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being.
  - ➔ Emo Foundation is involved in this target by organizing sports activities and supplying sports equipment. Sports and physical activity reduce the risk of contracting non-communicable diseases by strengthening cardiovascular health. Participation in sports can contribute to tackling and preventing obesity.

- 3.4 Strengthen the prevention and treatment of substance abuse, including narcotic drug abuse and harmful use of alcohol.
  - ➔ Emo Foundation helps youth with alcohol or drug addictions by informing them about the risks for their health and their future.
- 3.6 By 2020, halve the number of global deaths and injuries from road traffic accidents.
  - ➔ Emo Foundation helps and guides people to obtain their driver's license which consequently leads to safer and more advanced drivers on the roads.
- 3.7 By 2030, ensure universal access to sexual and reproductive health-care services, including for family planning, information and education, and the integration of reproductive health into national strategies and programs.
  - ➔ Emo Foundation raises awareness concerning teen pregnancies and their causes and consequences. They also help teenage mothers with going back to school or following a training for a craft by paying for the school, training, kindergarten bills and school material.
- 3.8 Achieve universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all.
  - ➔ Emo foundation supplies medication to medical centers in Kpando. It also tries to reach the entire population by arranging medical programs, accessible to anyone, such as health screenings and wound care. They also try to convince the people of Kpando to join the National Health Insurance Scheme by promoting and in some cases financing it.
- 3.A Strengthen the implementation of the World Health Organization Framework Convention on Tobacco Control in all countries, as appropriate.
  - ➔ By raising awareness about the long-term dangers of smoking amongst the youth of Kpando, Emo Foundation contributes to this target.
- 3.C Substantially increase health financing and the recruitment, development, training and retention of the health workforce in developing countries, especially in least developed countries and small island developing States.
  - ➔ By providing access to more and better medical infrastructure, equipment, knowledge and treatments, Emo Foundation automatically contributes to reaching this target. They also arrange trainings for medical staff and they can exchange knowledge with the volunteers and interns. Besides that, they also offer scholarships to students who study for nursing or doctor.
- 3.D Strengthen the capacity of all countries, in particular developing countries, for early warning, risk reduction and management of national and global health risks.
  - ➔ Emo Foundation advices the inhabitants of Kpando about the benefits of the National Health Insurance Scheme and provides health screenings, distributes first aid kits,...

## Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all

- 4.1 By 2030, ensure that all girls and boys complete free, equitable and quality primary and secondary education leading to relevant and Goal-4 effective learning outcomes
  - → Emo Foundation is fully engaged with this target by improving the infrastructure in schools and providing better teaching equipment to ensure a high quality of education.
- 4.3 By 2030, ensure equal access for all women and men to affordable and quality technical, vocational and tertiary education, including university
  - ➔ Emo foundation provides access to tertiary education and training by providing scholarships, teaching specific trades or crafts and arranging internships for students in specific disciplines.
- 4.4 By 2030, substantially increase the number of youth and adults who have relevant skills, including technical and vocational skills, for employment, decent jobs and entrepreneurship
  - ➔ By organizing trainings, increasing quality education, increasing the amount of people who have access to quality education, preparing people for jobs, assisting entrepreneurs financially and concerning the necessary knowledge needed to succeed and so on, Emo Foundation helps to achieve this target.
- 4.5 By 2030, eliminate gender disparities in education and ensure equal access to all levels of education and vocational training for the vulnerable, including persons with disabilities, indigenous peoples and children in vulnerable situations
  - ➔ Emo Foundation aims to make education accessible to all genders as well as the vulnerable amongst the community. They also organize learning activities for people with disabilities and financially support the 'Special School', a school for people with mental disabilities.
- 4.6 By 2030, ensure that all youth and a substantial proportion of adults, both men and women, achieve literacy and numeracy
  - ➔ Emo Foundation helps achieve this target by increasing the quality of education and making it accessible to a higher amount of people. They also convince school dropouts to go back to school and they fight child labour in the fishing community.
- 4.7 By 2030, ensure that all learners acquire the knowledge and skills needed to promote sustainable development, including, among others, through education for sustainable development and sustainable lifestyles, human rights, gender equality, promotion of a culture of peace and non-violence, global citizenship and appreciation of cultural diversity and of culture's contribution to sustainable development

- ➔ By raising awareness about several of these topics and being actively involved with them, Emo Foundation plays its part in spreading the knowledge and sharing the skills to take action in sustainable development.
- 4.A Build and upgrade education facilities that are child, disability and gender sensitive and provide safe, nonviolent, inclusive and effective learning environments for all
  - → Emo Foundation helps build and renovate more accessible and more efficient schools.
- 4.B By 2020, substantially expand globally the number of scholarships available to developing countries, in particular least developed countries, small island developing States and African countries, for enrolment in higher education, including vocational training and information and communications technology, technical, engineering and scientific programmes, in developed countries and other developing countries
  - → Emo Foundation arranges scholarships so that promising students can continue their tertiary studies in Ghana as well as abroad.
- 4.C By 2030, substantially increase the supply of qualified teachers, including through international cooperation for teacher training in developing countries, especially least developed countries and small island developing states
  - ➔ Emo Foundation gives courses to teachers so they can continuously improve their teaching abilities. Together with the KdG and Thomas More they also strive to raise the quality of the teaching amongst kindergarter teachers by giving trainings and donating teaching material. They do this once a year. They also give scholarships to students who want to become teacher and they organize exchange programs for students and teachers between Belgium and Ghana.



## Achieve gender equality and empower all women and girls

- 5.1 End all forms of discrimination against all women and girls everywhere
  - ➔ Emo Foundation gives girls equal chances at education by giving them the same opportunities as boys to receive scholarships. They aim to divide the scholarships equally between boys and girls. They also want to attract more girls to join Emo Foundation.
- 5.5 Ensure women's full and effective participation and equal opportunities for leadership at all levels of decisionmaking in political, economic and public life
  - → Emo Foundation helps girls to learn trades by giving them trainings and organizing internships with local businesses.
- 5.6 Ensure universal access to sexual and reproductive health and reproductive rights as agreed in accordance with the Programme of Action of the International Conference on Population and Development and the Beijing Platform for Action and the outcome documents of their review conferences

→ They organize awareness campaigns in schools about anything that concerns health, this also includes sexual and reproductive health.

## Ensure availability and sustainable management of water and sanitation for all

- 6.1 By 2030, achieve universal and equitable access to safe and affordable drinking water for all
  - → Emo Foundation installed a tapwater pipe that leads to the Dafor RC Basic School.
- 6.2 By 2030, achieve access to adequate and equitable sanitation and hygiene for all and end open defecation, paying special attention to the needs of women and girls and those in vulnerable situations
  - ➔ Emo Foundation installed a urinal at Kpando Gadza Basic School and 4 toilets at Dafor RC Basic School in 2018.



7.2 By 2030, increase substantially the share of renewable energy in the global energy mix
 → Emo Foundation will place solar panels to provide schools with electricity. They will also place solar panels on their own buildings (restaurant and lodge). They will try to

convince others to do this as well by using best-practice methods.



Promote inclusive and sustainable economic growth, employment and decent work for all

8.1 Sustain per capita economic growth in accordance with national circumstances and, in particular, at least 7 per cent gross domestic product growth per annum in the least developed countries

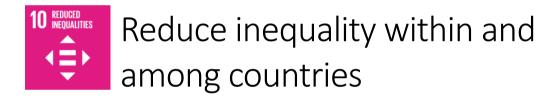
➔ Emo Foundation contributes to economic growth by creating jobs and opportunities for the people of Kpando and that way improving the financial situation of the community which subsequently influences the economy in a positive way.

- 8.2 Achieve higher levels of economic productivity through diversification, technological upgrading and innovation, including through a focus on high-value added and labour-intensive sectors
  - → By investing in entrepreneurs, Emo Foundation plays its part in increasing economic productivity and diversification.
- 8.3 Promote development-oriented policies that support productive activities, decent job creation, entrepreneurship, creativity and innovation, and encourage the formalization and growth of micro-, small- and medium-sized enterprises, including through access to financial services
  - ➔ Emo Foundation is actively involved in reaching this target by creating jobs, preparing people for jobs by arranging trainings, helping entrepreneurs financially, physically and personally in starting businesses,...
- 8.5 By 2030, achieve full and productive employment and decent work for all women and men, including for young people and persons with disabilities, and equal pay for work of equal value
  - → Emo Foundation adds value to this cause by guiding youth, men and women, and preparing them for a suitable and fair career.
- 8.6 By 2020, substantially reduce the proportion of youth not in employment, education or training
  - Emo Foundation offers or increases access to employment, education and training for disadvantaged youth.
- 8.7 Take immediate and effective measures to eradicate forced labour, end modern slavery and human trafficking and secure the prohibition and elimination of the worst forms of child labour, including recruitment and use of child soldiers, and by 2025 end child labour in all its forms
  - → Emo Foundation raises awareness for Child Labour in fishing communities.
- 8.9 By 2030, devise and implement policies to promote sustainable tourism that creates jobs and promotes local culture and products
  - ➔ Emo Foundation runs an own travel agency which recruits and trains local youth. The goal is to operate in a sustainable manner.
- 8.B By 2020, develop and operationalize a global strategy for youth employment and implement the Global Jobs Pact of the International Labour Organization
  - ➔ Emo Foundation is very much involved in achieving a higher level of youth employment because it creates jobs for youth, prepares youth for the job market by trainings and investing in quality education, guides entrepreneurs to increase their chances of succeeding and so on.



## Build resilient infrastructure, promote sustainable industrialization and foster innovation

- 9.1 Develop quality, reliable, sustainable and resilient infrastructure, including regional and transborder infrastructure, to support economic development and human well-being, with a focus on affordable and equitable access for all
  - → Emo Foundation invested funds and manpower to build quality schools and medical institutions for the local community.
- 9.A Facilitate sustainable and resilient infrastructure development in developing countries through enhanced financial, technological and technical support to African countries, least developed countries, landlocked developing countries and small island developing States 18
  - Emo Foundation invested funds and manpower to build quality schools and medical institutions for the local community.



- 10.1 By 2030, progressively achieve and sustain income growth of the bottom 40 per cent of the population at a rate higher than the national average
  - ➔ By creating jobs, giving trainings, ensuring a better education, ... for people in deprived communities, Emo Foundation helps to achieve this cause.
- 10.2 By 2030, empower and promote the social, economic and political inclusion of all, irrespective of age, sex, disability, race, ethnicity, origin, religion or economic or other status
  - ➔ One of Emo Foundations' goals is to create an inclusive society in the region of Kpando. It tries to achieve this in many different ways such as offering scholarships to women as well as men, offering jobs to anyone regardless of their gender, religion, raise awareness concerning inclusion, ...



## Make cities inclusive, safe, resilient and sustainable

- 11.6 By 2030, reduce the adverse per capita environmental impact of cities, including by paying special attention to air quality and municipal and other waste management
  - → By raising awareness about the plastic pollution, the burning of waste and organizing cleanups, Emo Foundation plays its part to realize this target.
- 11.C Support least developed countries, including through financial and technical assistance, in building sustainable and resilient buildings utilizing local materials
  - ➔ Emo Foundation builds and renovates schools and medical centers with local material and by hiring local workers and craftsmen.



# Ensure sustainable consumption and production patterns

- 12.2 By 2030, achieve the sustainable management and efficient use of natural resources
  → Emo Foundation promotes efficient production of crop farming.
- 12.4 By 2020, achieve the environmentally sound management of chemicals and all wastes throughout their life cycle, in accordance with agreed international frameworks, and significantly reduce their release to air, water and soil in order to minimize their adverse impacts on human health and the environment
  - → Emo Foundation promotes the prudent use of chemicals.
- 12.5 By 2030, substantially reduce waste generation through prevention, reduction, recycling and reuse
  - ➔ Emo Foundation plays their part in reducing waste by raising awareness concerning the overuse and waste of plastic, by implementing this themselves in their own commercial activities and by organizing cleanups in the city and around Lake Volta.
- 12.6 Encourage companies, especially large and transnational companies, to adopt sustainable practices and to integrate sustainability information into their reporting cycle
  - ➔ Emo Foundation fights the exploitation of natural resources by foreign companies who have no eye for environmental issues.



# Take urgent action to combat climate change and its impacts

- 13.3 Improve education, awareness-raising and human and institutional capacity on climate change mitigation, adaptation, impact reduction and early warning
  - → Emo Foundation fights all harmful smoke. It mostly raises awareness concerning the consequences for the health caused by burning garbage and plastic.



# Conserve and sustainably use the oceans, seas and marine resources

- 14.1 By 2025, prevent and significantly reduce marine pollution of all kinds, in particular from land-based activities, including marine debris and nutrient pollution
  - ➔ Emo Foundation supports the ban of plastic and promotes recycling of plastic. It also organizes cleanup initiatives around the Volta Lake to minimize the amount of plastic in the lake.
- 14.2 By 2020, sustainably manage and protect marine and coastal ecosystems to avoid significant adverse impacts, including by strengthening their resilience, and take action for their restoration in order to achieve healthy and productive oceans
  - → Emo Foundation calls for respecting the 'closed fishing season' in Lake Volta to rebuild the fish stock and Emo Foundation fights chemical fishing.



Sustainably manage forests,

combat desertification, halt and

### reverse land degradation, halt biodiversity

### loss

- 15.2 By 2020, promote the implementation of sustainable management of all types of forests, halt deforestation, restore degraded forests and substantially increase afforestation and reforestation globally
  - ➔ Emo Foundation takes action to reduce the loss of natural habitat and biodiversity by fighting deforestation and promoting the sustainable management of forests. They also promote cooking on gas instead of charcoal for multiple reasons such as health, clean air and also to fight deforestation.
- 15.7 Take urgent action to end poaching and trafficking of protected species of flora and fauna and address both demand and supply of illegal wildlife products
  - → Emo Foundation raises awareness for animal rights.



# Promote just, peaceful and inclusive societies

- 16.1 Significantly reduce all forms of violence and related death rates everywhere
  - ➔ During the elections, Emo Foundation organizes sports activities and link them to peace-awareness campaigns.

- 16.3 Promote the rule of law at the national and international levels and ensure equal access to justice for all
  - ➔ Emo Foundation fights corruption of the police forces and assists people who face injustice



# Revitalize the global partnership for sustainable development

- 17.3 Mobilize additional financial resources for developing countries from multiple sources
  - ➔ Emo Foundation receives financial aid from Support Ghana to invest in the region of Kpando. They work together with a broad network of local and global partners.